

Two Ways to Live

Psalm 1

What are the Psalms?

1. Hebrew Poetry written over 1200 years
 2. Collected and arranged after the exile sometime in the 4th century BCE.
 3. Arranged into 5 books, like the 5 books of Moses:
 - Book I: Psalms 1–41
 - Book II: Psalms 42–72
 - Book III: Psalms 73–89
 - Book IV: Psalms 90–106
 - Book V: Psalms 107–150
 4. Instruct us how to experience and live with God in the present through the medium of prayerful poetry
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I. What is the reality of life?

II. What is the way of flourishing?

- a. Delighting in God's ways over the ways of the world
- b. Experiencing a fruitful and meaningful life

III. What is the the way of perishing?

- a. Delighting in the ways of the world over God's ways
- b. Awaiting the fruition of their life

IV. What is the Gospel of Psalm 1?