Two Ways to Live

Psalm 1

What are the Psalms?

1. Hebrew Poetry written over 1200 years

2. Collected and arranged after the exile sometime in the 4th century BCE.

3. Arranged into 5 books, like the 5 books of Moses:
   - Book I: Psalms 1–41
   - Book II: Psalms 42–72
   - Book III: Psalms 73–89
   - Book IV: Psalms 90–106
   - Book V: Psalms 107–150

4. Instruct us how to experience and live with God in the present through the medium of prayerful poetry

I. What is the reality of life?

II. What is the way of flourishing?
   a. Delighting in God’s ways over the ways of the world
   b. Experiencing a fruitful and meaningful life

III. What is the way of perishing?
   a. Delighting in the ways of the world over God’s ways
   b. Awaiting the fruition of their life

IV. What is the Gospel of Psalm 1?