The Ten Commandments || Part 5

The Fourth Commandment:
Finding True Rest

*Exodus 20:8-11*

✔ 1st: The object of our worship — *No other gods* (God alone)
✔ 2nd: The means of our worship — *No idols* (God’s way)
✔ 3rd: The manner of our worship — *Not taking God’s name in vain* (Protecting His honor)
✔ 4th: The time of our worship — *Keeping the Sabbath holy* (Resting in Him)

➢ Views on the Sabbath

1. Keep OT Sabbath with NT meaning (Seventh Day Adventists, Messianic Jews)
2. Sunday is the NT Sabbath (Puritan Tradition)

1. Christians are not bound to the OT Sabbath

2. Sunday is not the NT Sabbath

3. We practice the Sabbath by resting in Christ
   - Personal
   - Corporate
   - Weekly

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