I. Trials reveal our foolishness

"Woe to those weak and timid souls who are divided between God and their world! They want and they do not want. They are torn by desire and remorse at the same time... They have a horror of evil and a shame of good. They have the pains of virtue without tasting its sweet comfort. O how wretched they are."

Fenelon

II. Trials liberate us from a shallow life